

# Dr. J.M. Denison Secondary School

December 18, 2020

# Rotation Block 3 December 15 to January 13, 2021

8:30 a.m. to 11:00 a.m. in-school for **Block 3** Online – Periods 4, 1, 2

# This is a message from our Denison Club Jack.org

This month is National Human Rights Month, human rights are rights inherent to all human beings, regardless of race, sex, nationality, ethnicity, language, religion, or any other status. human rights include the rights to life and liberty, freedom from slavery and torture, freedom of opinion and expression, the right to work and education, and many more. The students at jack would like to shine a light on looking more into your human rights. They will compose a video for the school in the New Year. If you are interested in the details. Check out the Denison guidance classroom as well as the Instagram jack at Denison.

# Significant Dates

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December 21, 2020	Yule, Winter Solstice
December 25, 2020	Christmas
	Maunajiyaras
December 26, 2020	Kwanzaa
December 29, 2020	Sanghamitta Day
December 30, 2020	Sharaf
December 31, 2020	Ghambar Maidyarem
January 1, 2021	New Years
January 7, 2021	Eastern Orthodox Christmas
January 2021	Tamil History Month
	Exams
February 2021	Black History Month
February 12, 2021	Lunar New Year

# School Contact Information:

#### **Principal** Alex Corry

# Vice-Principal

Michelle Godfrey Candice Mott

135 Bristol Road, Newmarket, ON, L3Y 8J7 (905)836-0021

## http://denison.ss.yrdsb.ca/

135 Bristol Road, Newmarket, ON,

# Superintendent

Erik Khilji

# **Trustee Name**

Elizabeth Terrell-Tracey Linda Gilbert

# Visit the Denison Webpage

Morning Announcements

Order Husky School Wear



# **Guidance News**

A reminder from <u>OCAS and OUAC</u> for students applying to College and University, that we are approaching the peak season for applying, so students should be sure to apply well in advance of the deadlines to avoid technology problems! The application IS AVAILABLE over the break to apply.

University Applications due: January 15, 2021

College Applications due: February 1, 2021

# tvo 📎 Mathify

#### **TVO Mathify**

Online math tutoring for grade 9 and 10 students https://tvomathify.com/register/student

- Register using your OEN number. This can be found on your timetable. Ask your guidance counsellor if you need help.
- Build your math skills and confidence with a personalized math coach.
- To support learning at home, tutors are available online Monday-Friday 9am to 9pm ET and 3:30pm to 9pm ET Sunday.

<u>Semester 2 timetable change</u>s are temporarily on hold while the Virtual School timetable is built and our timetable at Dr. Denison S.S. is adjusted.

The course request change form on the Guidance Google Classroom will remain open, however we will not be able to look at changes until mid January.

Do you want to research post secondary programs and prerequisites?

Visit <u>www.ontariocolleges.ca</u> and <u>www.ontariouniversitiesinfo.ca</u> for a wealth of information!

We wish everyone a safe and happy holiday!

# Student Council Spirit Week

This week, student council is hosting exciting spirit days! Our spirit days include Jersey day on Monday, Tik Tok trends day on Tuesday, Holiday hat day on Wednesday, Holiday sweater day and face mask day on Thursday, and PJ day on Friday. We hope to see students showing their amazing holiday spirit! This Thursday and Friday, Santa is back for photos! Students can take a picture with Santa or with one of our festive holiday backgrounds by the front foyer. However, we ask students to ensure that they are maintaining physical distancing protocols. This includes not touching Santa or the backdrops. Students are encouraged to tag our instagram if posting pictures of our holiday spirit days or pictures with Santa. We would love to post their amazing holiday pictures on the school account and on our student council website. Student Council wishes your family a safe and enjoyable winter break! See you in the New Year Denison!



# **Mental Health Supports**

Room 201 at Denison is a place where students can go if they are feeling the need to speak to a caring adult or just need a place to calm down.

## **DENISON'S CHAPTER**

## JACK.ORG

https://jack.org/Resources/Find-Support



Although jack.org is an advocacy group and not a service provider, this page on their site contains links to a variety of different mental health support/information websites. Any student's interested in joining Denison's chapter of jack.org can contact <u>sarah.vickers@yrdsb.ca</u> or roda.jama@yrdsb.ca

## **BE THERE**

https://bethere.org/Home https://bethere.org/Be-There-in-a-Crisis

# **KIDS HELP PHONE**

https://kidshelpphone.ca/

## ANXIETY CANADA

https://www.anxietycanada.com/

## СМНА

https://ontario.cmha.ca/ https://toronto.cmha.ca/youth-zone/

# **CRISIS SERVICES CANADA:**

1-833-456-4566 This hotline deals with crisis support and suicide prevention

## **Emergency Medical Services: 911**

If you or someone you know is in crisis (at risk of hurting themselves or hurting others) call 911. If it is someone you know, stay with them until help arrives, if it is safe for you to do so.

# **310 COPE**

Toll free number 1-855-310-COPE (2673) or (TTY) 1-866-323-7785, you can speak with a crisis worker anytime you need to. The crisis worker will provide an immediate telephone/text response in a variety of situations, such as if you are feeling depressed, distressed, lonely, anxious, scared, angry or are worried that you have nowhere to go.